Dear Mr. Goodbar, It’s Not You, It’s Me

You may be like me and have the post-Halloween-candy blues. It’s like, I was enjoying that candy corn at the time, but now I just feel tired, stressed, and bleh like a company of DUMPS. Or a Dud, of the Milk variety. Fortunately, like people who are good at connecting the dots and discovered I could avoid and find joy* if I looked into some of the health and wellness are we have going on in the library this month.** Join us, if like me, you are ready to make a change:

FitDesk Study Jam
Join SGA on the 2nd floor to study on our library FitDesks as part of Mental Health Awareness Week.
November 14th: 6-9pm

The Art of Chill
Join us for yoga with Beyond Barre Pensacola, where we will not only do some yoga but also learn de-stress strategies for our well-being.
November 28th 11:45am-12:45pm

Find Your Creative Niche In Our Skylab Makerspace!

It’s National Novel Writing Month (NaNoWriMo). For those unfamiliar with this event, November is the month where many people come together via the Interwebz and try to write 50,000 words in a month. In 2012, I tried it myself. The only problem was that my 8-year old son joined me in the challenge, and I realized the beginning of his novel was way more of a page-turner than mine and got jealous and quit.* Here is a snippet:

"It was as wide as 3 vacuum cleaners right next to each other (Don't laugh because that's DEADLY wide for a snake)."

It was not only good writing but also explained why, as a toddler, he hid under the dining room table while I vacuumed.**

Anyway. Writing a novel in a month may not be your thing, just as it's not my thing. HOWEVER, I believe we should strive to be creative every day and why not particularly in November and why not indeed in the Skylab’s new Makerspace?!

Makerspace sounds intriguing, does it not? That’s because IT IS. It is a state-of-the-art space that houses our 3D Printing technology. Here, you can learn how to design and print 3-D objects. Students and faculty have designed 3-D models of molecules; the Starship Enterprise; and a delightful pink elephant that sits on my desk. The possibilities are endless, basically. Perhaps I can print a book cover for my son’s writing! Or recreate that little dude, Dart, from Stranger Things.*** It’s a regular Imagination StationTM. So go on up to our 5th floor and ask how you can get started. The prints are cheap and the learning is free.

*Maturity 101
**And here I thought he was just in fearful awe of such a rare occurrence.
***Meow.

Send questions, comments, and novel ideas to Britt McGowan at bmcgowan@uwf.edu

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University of West Florida Libraries

Veteran’s Day + Thanksgiving = Hot Picks

The library will be closed for Veteran’s Day and Thanksgiving. You may wish to take some time and read for pleasure (gasp! yes!) during this break. Check out our Hot Picks in front of the stairwell before you head off to Grandma’s. Nothing says “pass the dressing” like The Girl with the Lower Back Tattoo.

Nov. 10th & 11th: Closed
Nov. 22nd: Close @ 6pm
Nov. 23rd-25th: Closed

FINALZ HOURS ARE COMING. DECEMBER 3rd 2017.