UWF Library is Good for Your Heart & Mind. Meow!

When I went to college, I minored in psychology, which means that I once trained my cats to sit, roll over, and shake by using tuna. And then, I tried to pair this tuna with a bell and slowly take the tuna away, using only the bell as my command. I am lucky to be alive. It turns out, we might have a whole new understanding of conditioning had Pavlov used cats instead of dogs. By the time it was all over, my cats were dinging the bell, and I was bringing them tuna and cream cheese and writing poems in their honor (O Catman! My Catman!*).

My minor in psychology also means that I know for a fact (!) that the library meets all of Maslow’s Hierarchy of Needs for our students. Check it out:

**Basic Needs:** If you study on one of our upper floors, you have the advantage of looking out the window over the Cannon Green to see if folks are serving free food out there. Like us on Facebook, and stay up-to-date on when we hand out free cookies here. We even have vending machines, water fountains, coffee at Starbucks, and microwaves in our 2nd floor Great Good Place for heating up your own vittles.**

**Psychological Needs:** Use our Smart Boards to work on your group presentations to feel a sense of accomplishment. Check out your textbook from the Circulation Desk for 2 hours at a time, and feel less stressed about having left your book at home. And, if you need to multi-task and boost your mood, head to our Fit Desks on the 2nd floor and exercise and study AT THE SAME TIME.***

**Self-Actualization:** You can conduct The Best Research in the WorldTM by using OneSearch on our homepage to find scholarly articles, books, and e-books from many of our databases at one time. You can even do this at home! Librarians will help you via Ask-a-Librarian Live Chat, by email, or face-to-face. You can also create wonderful things on with Adobe Creative Cloud or 3D printers in our 5th floor Skylab.

If all this is not enough, we will have therapy dogs to pet at some point in the semester. Woof! They may or may not salivate at the sound of bells.

*Adapted from Walt Whiskerman.
**You already know about the bathrooms!

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Join Us and Celebrate Your Freedom to Read!

Join us for a roundtable discussion during Banned Books Week and discover how/why books are banned in schools across the country and how this affects learning and education. UWF Faculty and a local teacher will bring their perspectives, and librarians will moderate the discussion. Light refreshments will be provided.

**Banned Books & Censorship in Education: A Roundtable Discussion**
Thursday, September 28th @ 6:30pm
Bldg. 86, Rm. 129

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Send questions, comments, and *Freudian slips* to Britt McGowan at bcmcgowan@uwf.edu